



Caithness Volunteer Centre at CVG Winter Edition 2018

Here are some of the free services provided in the Volunteer Centre:

- Match Volunteers to local opportunities
- Promote Organisation

Disclosures Scotland assistance

- Good practice and policy support for organisations
- Saltire Award registrations and support
- Volunteer Friendly guidance for Organisations
- Highland Volunteer Awards

About the Volunteer Centre

The Volunteer Centre is a part of Caithness Voluntary Group, which is a charity and part of the Highland Third sector Interface. It delivers a range of services to support groups and individuals in Caithness.

If you want to volunteer or if you are looking for volunteers for your Group then this is the place to contact.

If you would like to volunteer, or are member of a local group looking for new volunteers to help out, please feel free to contact:

Catherine Patterson, Development Officer, Telford House, Williamson Street, Wick, KW1 5ES. **PLEASE NOTE**- I have moved office but I am STILL in the building at Telford House.



Volunteer Here!

Tel: [01955 605002](tel:01955605002)

Email: volunteering@cvg.org.uk

Website: www.cvg.org.uk

Find out about volunteering at the Job Event on 10th Feb

Attention...drop-in and meet employers and businesses on Saturday 10th February in Wick High School. This is your opportunity to find out about job vacancies and to meet Catherine and get information on a diverse range of local volunteering opportunities. It is informal with no obligation to commit. Opening times 10am-2pm

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PVG Disclosures

For all information about Disclosures contact Catherine, she can support you to register your group and to assist with completion of PVG disclosure application forms. This service is free to register and there is no charge for individual volunteers. [Small charge for group] If in doubt...get in touch volunteering@cvg.org.uk 01955 605002

Saltire Awards **Young Volunteers**



Four young people volunteered their time to help out at Thurso Library. They assisted with the running of Lego Sessions, a program of activities for children organised by Susan Taylor of Highlife Highland. They are seen here receiving Saltire Award certificates from Catherine Patterson of Caithness Voluntary Group in recognition for their volunteering commitment

L_R Morag Mackay, Joanna Reiss, Jamie Thomson, Calum Sutherland and Catherine Patterson from Caithness Voluntary Group

Photo Right-These young volunteers are seen here receiving their Saltire Awards and young leader Awards for volunteering at the Flow County project at Forsinard with Keith Moncur the Highlife Highland Youth Development Worker.

L-R Jack Gomersall, Amy Colquhoun, Kelsey Sutherland & John Stewart.

Thurso College plant for Spring

Students from the Work and Life skills Program at North Highland College UHI Thurso rolled up their sleeves recently to plant Daffodils at Dunnet Forest. The daffodils for the event were kindly donated by Lidl, The Students are planning a trip in the spring to see the flowers in Bloom. L-R *Stacey McIntosh, Innis Mackay, Lewis Deering, Ellen Gunn, Emily Scott and Stephanie Davies.*



Local contact for Voluntary Award recognition

Reminder to individuals and groups to get in touch if you are registered for Saltire or Highland Volunteer Award? Awards can only be issued if I am contacted! Let me know please. volunteering@cvg.org.uk

Free TRAINING

Volunteer Friendly Awards

Your Organisation can access free one-to-one support to achieve the Volunteer Friendly Award

If you are an organisation that engages volunteers you can access free support to achieve a Volunteer Friendly Award which will indicate you adhere to good practice in volunteer management.

The Volunteer Friendly Award is a simple, user friendly, quality standard. This credible achievement is designed to support organisations that engage volunteers. This award is valid for 3 years and operates Scotland Wide.

All Local Support provided by Caithness Voluntary Group is free, Sign Up Today!

In addition CVG offers a range of office services including photocopying. Also governance, funding and training support to the local community.

FUNDING OPPORTUNITY

Young Scot – Future Routes (New Fund) http://email.mg.scvo.org.uk/c/eJxdjj1rwzAYhH-Nvb1GH5YVDxqyZCghQyFLN736cExdqVivavrvq0CnHAcHD9xx3livBO9XE5TyLswB0DIEoZgCOaGGkw8SceK6uRtZcT95YZhCHB2fZqm9ihqInp3nDrWYRBxt6DfzIPru5LkTI-ZYk1_TUlymzSY_uPzV6KXR8p8tLHtnN_bUm6Tr_X7-gN9c0wLPGsRKw50qh9Lt5mXy5SMZbCiAYPwEHziEWwLptgdYEx3H8AfnyUXq

As part of the Year of Young People 2018, Scottish Natural Heritage, Young Scot and ReRoute have created a new fund for young people who have ideas to promote Scotland's amazing natural environment 2018. Ideas could be anything that connects young people to Scotland's nature, from short films or theatre performances to art exhibitions, conservation projects, discussion days or nature trails.

Next deadline: 15 February 2018

Volunteer Network Meeting

Did you know you can attend a quarterly volunteer network meeting?

These meetings are held to bring groups together to share information and opportunities. They are an informal way to find out what's going on in the voluntary community locally.

Topics include: Funding, training, events which may benefit your client group.

Next meeting is: Tues 17th April 2018 10am-12 in Wick

New Opportunities [if you are interested in any of these, get in touch]

Caithness Horizons

Volunteer Receptionists

Would you like to volunteer to help with customer service, meet and greet people at the front desk in Caithness Horizons Museum and Art Gallery?

Highlife Highland -LEGO Club

Young volunteers to help with the LEGO club in the East Caithness Community Facility after school, Tuesdays

Wick Paths Group

This group of volunteers are keen to continue with the excellent work carried out so far and appeal for volunteers to help with the maintenance of the path routes around Wick. Usually weekends monthly check out dates on their Facebook

<https://www.facebook.com/RoyalBurghofWick/>

Friends of Town & County Hospital Wick

Seeking volunteers to help maintain the community Garden to the rear of the hospital, this is a football size area with seating, themed areas and a network of paths. Volunteers can help with painting, weeding or general upkeep of the area.

Thurso Scouts

Volunteer Helpers

Thurso Scouts are looking for volunteers to help with the Scout Explorer group on Friday evenings. Could you help sustain this group by volunteering to go onto the rota of adult helpers? You do not need to commit to each week but any support appreciated.

ATTENTION

Please note that due to technical difficulties a temporary telephone number is in place.

01955 609968 at the moment

If anyone or any organisation would like to submit an article or volunteer opportunity for the next newsletter, please get in touch! (Details below)

Catherine Patterson

volunteering@cvg.org.uk

Telford House

www.cvg.org.uk

Williamson Street

Opening hours Monday-Thursday 9am -5pm

Wick, KW1 5ES

Tel: 01955 605002